

“Toys are children’s words and play is their language.”

Dr. Garry Landreth



What is play therapy?

- Using play as an invaluable form of communication to let children express thoughts and feelings
- An intervention that facilitates children’s well-being and addresses and treats their emotional, behavioural, developmental and adaptive issues

Are you considering?

- Learning play therapy to support child mental health
- Further study on childcare and already with a background of counselling, education, psychology, social work or nursing
- Gaining culturally-relevant professional knowledge of psychotherapy for children in special educational needs (SEN) including attention deficit, hyperactivity disorder, autism spectrum disorder, physical disability and mental illness etc.



Contact Us



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Department of Counselling & Psychology
Master of Social Sciences in

Play Therapy



Why this programme?

1. The first locally accredited Master programme of Play Therapy in Hong Kong*
* Accredited under the Programme Area Accreditation (PAA) Status at Hong Kong Qualifications Framework (HKQF) Level 6 in Counselling and Psychology and is registered under Qualifications Register of HKQF.
2. From fundamental theoretical knowledge to micro-skills training in the cultural context of Asian families
3. 100 hours of clinical play therapy practice and 25 hours of supervision
4. Training on evidence-based practice research about play therapy

What can you gain from this programme?

1. Knowledge of core theories in child mental health for the practice of play therapy
2. Professional knowledge as a competent and evidence-based play therapy practitioner
3. Contribution to the development of culturally relevant theory and its application and research into play therapy

Entry Requirements

Applicants Must Either:

1. hold a bachelor's degree or a postgraduate conversion degree in the field of counselling, education, psychology, social work, nursing, or related fields from a recognized university; &
2. have at least one year's full-time experience working primarily in a helping capacity with children.

OR

1. hold a bachelor's degree or a postgraduate conversion degree in any field from a recognized university; &
2. have at least two years of full-time experience working primarily in a helping capacity with children.

Programme Highlights

- Counselling Skills
- Ethical and Cultural Issues in Play Therapy
- Child Psychopathology
- Expressive Arts Therapy
- Filial Therapy
- Supervised Play Therapy Practicum
- Digital Play
- Different Approaches of Play Therapy (CCPT, Adlerian Play Therapy, Psychoanalytic Play Therapy)

What Facilities and Laboratories

Our two play rooms are well equipped with toys and materials such as doll houses, kitchens, cashiers, puppets, animal families, medical kits, soldiers, handcuffs, sandboxes, paints, musical instruments, costumes, etc. And multiple cameras are installed to observe the children's behaviours for the practice, supervision and research. The nearby parent consultation areas let therapists explain the therapy process and suggest how the parents can engage. Other laboratories such as Counselling and Research Centre, Practice-based Evidence laboratory, Psychological Lab Studio of Arts and Creativity and Neuropsychology Laboratory also support the development of evidence-based practice and research of play therapy.

Programme Duration:

2 Years (Full-time) / 3 Years (Part-time)

Total credits required for graduation:

45 credits

Tuition Fees:

HK\$112,500

(HK\$2,500 per credit)

